

Mobile Crisis Intervention Services is a program funded by the State of Connecticut in partnership with the United Way of Connecticut 2-1-1 and the Child Health and Development Institute (CHDI).



# **MOBILE CRISIS INTERVENTION SERVICES**

**Performance Improvement Center (PIC)** 

# MONTHLY REPORT January 2025



## **Table of Contents**

Executive Summary	
Section I: Mobile Crisis Statewide/Service Area Dashboard	5
Figure 1. Total Call Volume by Call Type	5
Figure 2. Mobile Crisis Episodes by Service Area	5
Figure 3. Number Served Per 1,000 Children	5
Figure 4. Number Served Per 1,000 Children in Poverty	5
Figure 5. Mobile Response by Service Area	5
Figure 6. Mobile Episodes with a Response Time Under 45 Minutes	6
Section II: Mobile Crisis Response	7
Figure 7. Statewide 211 Disposition Frequency	7
Figure 8. Mobile Crisis Episodes by Provider	7
Figure 9. Actual Initial Mobile Crisis Response by Provider	7
Figure 10. 2-1-1 Recommended Response by Service Area – By Service Hours	7
Figure 11. Mobile Response by Provider	8
Section III: Response Time	9
Figure 12. Mobile Episodes with a Response Time Under 45 Minutes	9
Figure 13. Mobile Episodes with a Response Time Under 45 Minutes by Provider	9
Figure 14. Median Mobile Response Time in Minutes	9
Figure 15. Median Mobile Response Time by Provider in Minutes	9
Section IV: Emergency Department Referrals	
Figure 16. Emergency Department Referrals	
Figure 17. Emergency Department Referrals by Provider (% of Total Mobile Crisis Episodes)	
Section V: Length of Stay (LOS)	11
Table 1. LOS for Discharged Episodes with a Crisis Response of Plus Stabilization Follow-up	11

This report was prepared by the Mobile Crisis Intervention Services Performance Improvement Center (PIC): Caleb Owen, Data Fellow; Kayla Theriault, MPH, Senior Associate; Yecenia Casiano, MS, Senior Project Coordinator; Kellie Randall, Ph.D., Associate Vice President of Quality Improvement; Heather Clinger, MPH, CPS, Program Manager (Wheeler Clinic); Eliana Colón, 2-1-1 Services Manager; Ronette Daniels, Director of 2-1-1 Services (United Way of CT-2-1-1); Jeffrey Vanderploeg, Ph.D., CEO

The Mobile Crisis Intervention Services Performance Improvement Center is housed at the



#### **Executive Summary**

**Note:** As of January 2023, Mobile Crisis providers are available for a mobile response 24 hours a day, 7 days a week. Prior to January 2023, a mobile response was only available Monday – Friday 6:00 AM to 10:00 PM and from 1:00 PM to 10:00 PM on weekends. Unless stated otherwise, the data in this report reflects calls during all 24 hours. Select charts continue to break out data by old and new hours to highlight any differences during the expanded hours.

**Call and Episode Volume:** In January 2025, 2-1-1 and Mobile Crisis received 1,496 calls including 1075 calls (71.9%) handled by Mobile Crisis providers and 421 calls (28.1%) handled by 2-1-1 only (e.g., calls for other information or resources, calls transferred to 9-1-1). There was one crisis response follow-up call that was coded as an episode but was not counted as an episode in this report. This month showed a 5.9% increase in call volume from January 2024 (n=1,412). Of the total calls and episodes, Mobile Crisis and 2-1-1 received 120 calls during the expanded overnight and weekend hours. This included 84 (70.0%) calls handled by Mobile Crisis providers and 36 (30.0%) calls handled by 2-1-1 only. The overnight and weekend call volume in January 2025 was higher than both last month (104), and January 2024 (115).

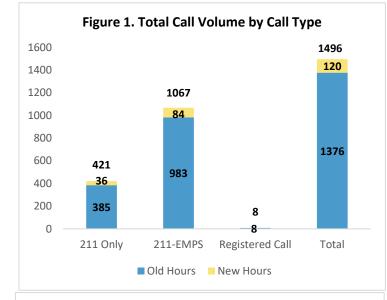
Among the **1,074 episodes of care** this month, episode volume ranged from 111 episodes (Eastern) to 242 episodes (Hartford). The statewide average service reach per 1,000 children this month was 1.5, with service area rates ranging from 1.0 (Southwestern) to 1.8 (Central) relative to their specific child populations. Additionally, the number of episodes generated relative to the number of children in poverty in each service area yielded a statewide average poverty service reach rate of 3.2 per 1,000 children in poverty, with service area rates ranging from 1.7 (Southwestern) to 8.2 (Central). During the expanded overnight and weekend hours, there were 84 episodes of care with episode volume ranging from 5 episodes (Southwestern) to 25 episodes (Western). The overnight and weekend episodes in January 2025 increased 61.5%, compared to last month (52, December 2024).

<u>Mobility:</u> Statewide mobility was 96.2% this month, which is marginally higher than the rate in January 2024 (95.3%). All six service areas surpassed the 90% benchmark this month, with performance ranging from 94.7% (New Haven) to 97.8% (Western). Mobility for individual providers ranged from 85.0% (CHR: Middlesex) to 100% (UCFS: NE, CFCGC Norwalk, & Wellmore: Torrington). Thirteen (13) of the fourteen (14) individual providers met or exceeded the 90% mobility rate benchmark. Since the beginning of the COVID-19 pandemic, both video telehealth and in-person responses are reflected within the report as "mobile" responses. Beginning in FY2022, the number of video telehealth episodes can be found in Figure 9. There were no telehealth responses this month. The statewide mobility rate during the new hours was 87.3%, with two regions exceeding the 90% benchmark. Performance ranged from 66.7% (Southwestern) to 95.7% (Western). The mobility rate during the traditional Mobile Crisis hours was 96.9%, slightly higher than the overall rate of 96.2%. During the new hours, 50.0% of episodes requested a mobile response, 30.8% requested a deferred mobile response, and 19.0% requested a non-mobile response; in the traditional hours, 70.0% of episodes requested a mobile response, 19.8% requested a deferred mobile response, and 10.3% requested a non-mobile response. As seen in the mobility rate, the vast majority of callers requesting a mobile or deferred mobile response receive it.

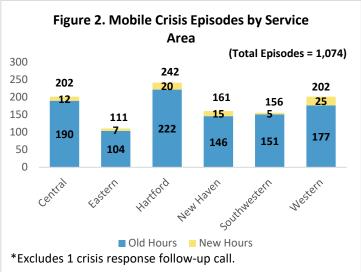
**Response Time:** Statewide, this month **86.8% of mobile episodes received a face-to-face response in 45 minutes or less**, which is slightly higher than the rate in January 2024 (86.6%). Five of the six service areas were at or above the benchmark of 80% of mobile responses provided in 45 minutes or less, with performance ranging from 74.6% (Western) to 98.0% (Southwestern). Ten (10) of the fourteen (14) sites met the 80% benchmark. The statewide median mobile response time was 30.0 minutes. The rate of episodes meeting response time during the traditional hours (87.8%) is slightly higher than the overall rate of 86.8%. During the expanded hours 70.7% of mobile episodes received a response within 45 minutes during these new hours, with performance ranging from 50.0% (Eastern) to 100% (Southwestern).

When looking at these rates, it is important to keep in mind that the number of overnight episodes is very low, and the number receiving a Mobile response is even lower.

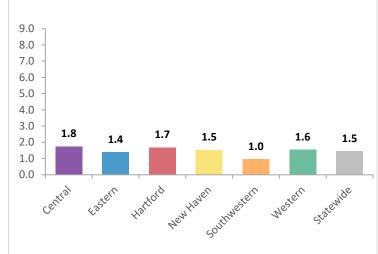
**Length of Stay (LOS):** The statewide median LOS for episodes discharged this month with a crisis response of *plus stabilization follow-up* was 19.0 days. The regional median LOS ranged from 16.0 days (Hartford) to 40.5 days (Southwestern). Note: these calculations only include episodes that began during FY2025.

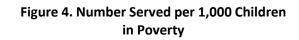


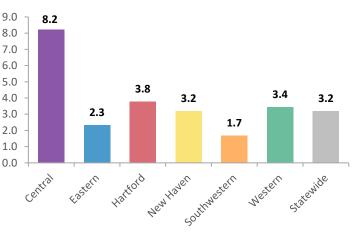
#### Section I: Mobile Crisis Statewide/Service Area Dashboard

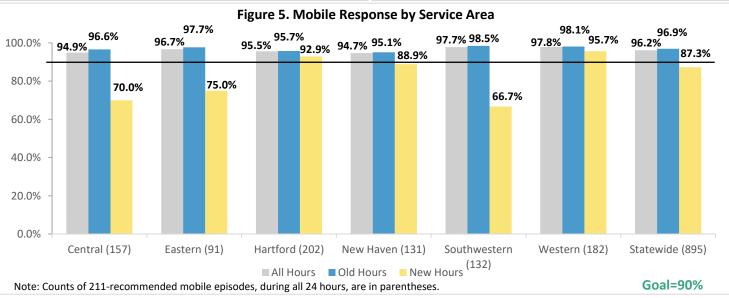


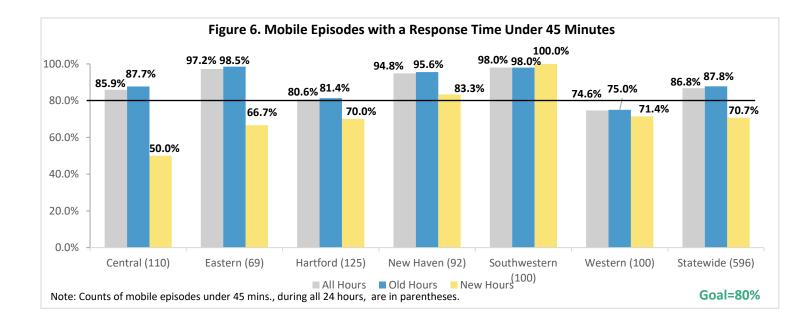




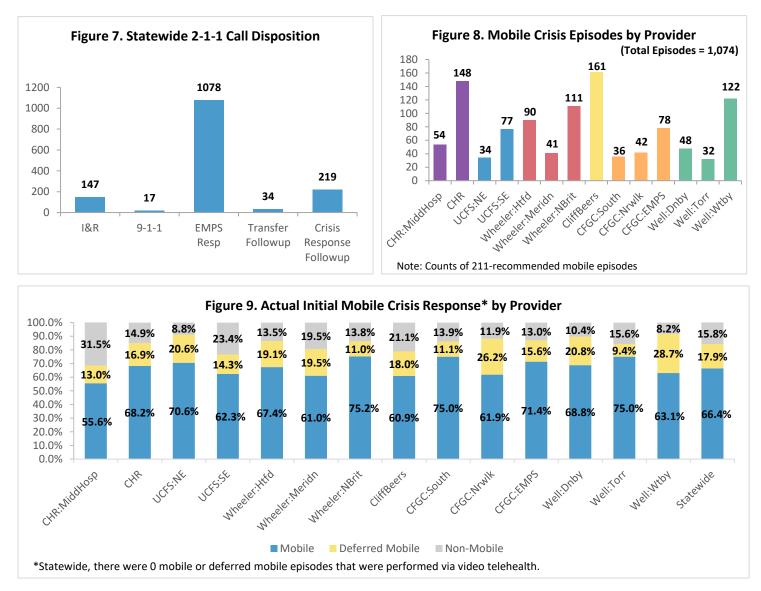








#### Section II: Mobile Crisis Response



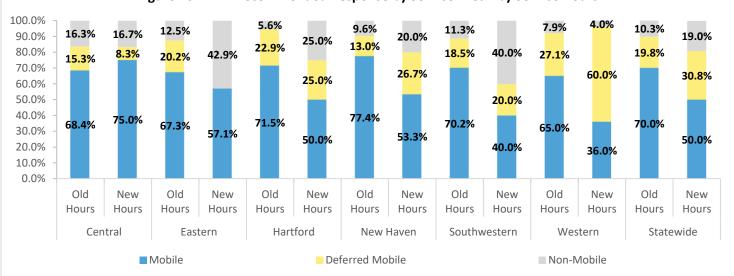
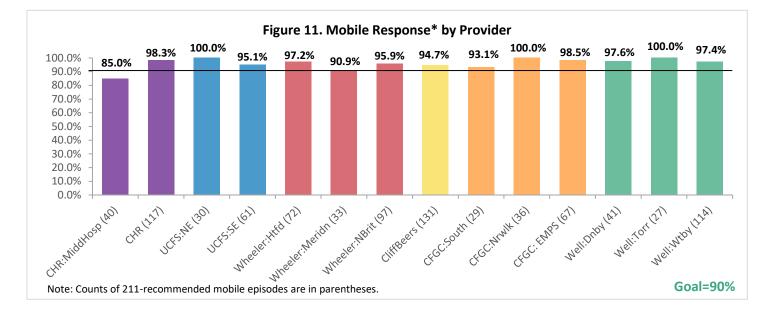
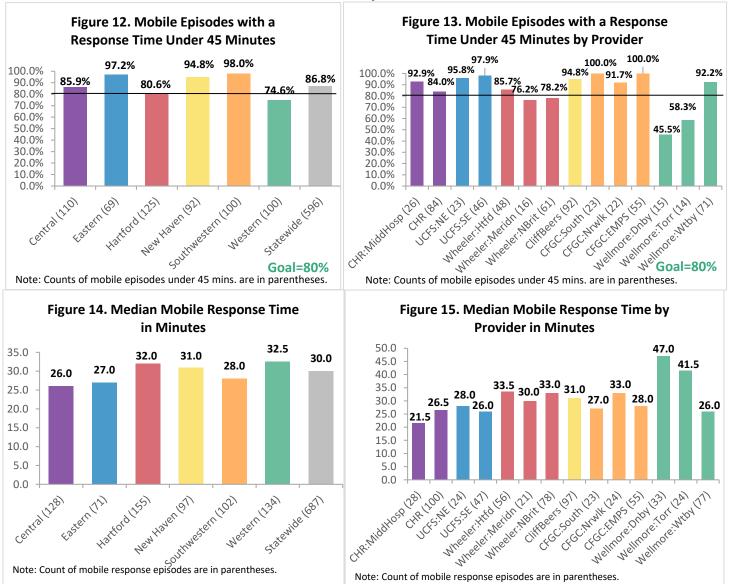


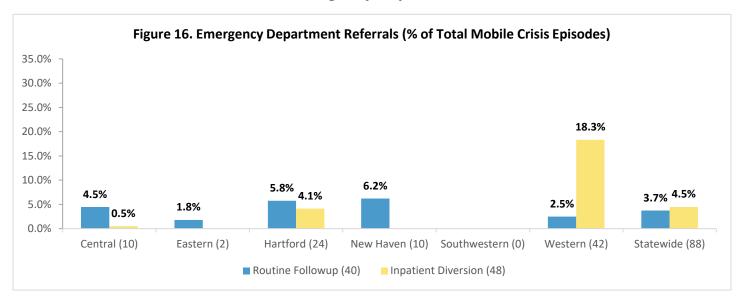
Figure 10. 2-1-1 Recommended Response by Service Area - by Service Hours

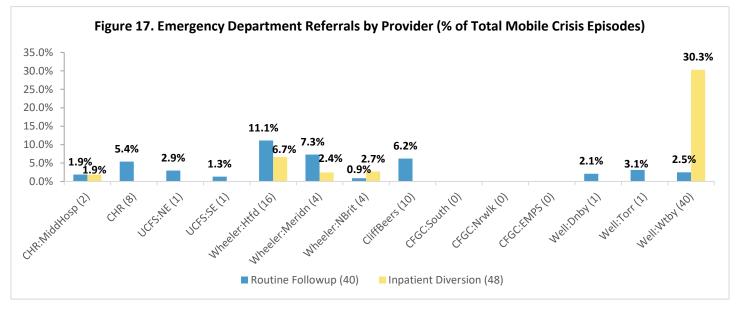


#### Section III: Response Time



#### **Section IV: Emergency Department Referrals**





## Section V: Length of Stay (LOS)

	Discharged Episodes with a Crisis Response of Plus Stabilization Follow-up				
	Number of	Mean LOS	Median LOS	Percent Exceeding	
	Episodes	(in days)	(in days)	45 Days	
STATEWIDE	346	21.7	19.0	2.9% (n = 10)	
Central	104	19.5	17.5	1.0% (n = 1)	
Eastern	13	30.4	28.0	7.7% (n = 1)	
Hartford	121	18.0	16.0	0.0% (n = 0)	
New Haven	14	40.1	40.0	14.3% (n = 2)	
Southwestern	16	39.9	40.5	12.5% (n = 2)	
Western	78	22.0	20.0	5.1% (n = 4)	

#### Table 1. LOS for Discharged Episodes\* with a Crisis Response Plus Stabilization Follow-up

\*Only episodes that had both a start and a discharge date within FY2025 are included in this chart